

SENIORS MENU

Monday to Friday Lunch Only

CLASSICS

CHICKEN SCHNITZEL 15.0

Served with chips and salad -sauces additional

FISH AND CHIPS 15.0

Grilled, battered or crumbed fish with chips, salad and tartare

GF/DF OPTIONAL

CRUMBED GARFISH 15.0

served with chips, salad and tartare

SALT & PEPPER SQUID 15.0

Served with chips, house salad and aioli **DF**

ROAST 15.0

roast of the day with potatoes, peas, carrots and gravy- please ask the staff for more info

CURRY 15.0

Aromatic curry served with steamed rice and pappadums- please ask the staff for more info

BOWLS

VIETNAMESE NOODLE BOWL 12.0

Vermicelli noodles, crispy slaw, coriander, mint, basil, spring onions, sesame seeds, crispy shallots, soy palm sugar dressing

GF/VE

WAKAME BOWL 12.0

Quinoa, wakame, mango salsa, avocado, slaw, soy sesame dressing **GF**

MEDITERRANEAN BOWL 12.0

Baby spinach, roasted red peppers, kalamata olives, feta, cherry tomatoes, sticky balsamic dressing **GF**

9" PIZZAS

MARGHERITA 12.0

Fresh tomato, napoli sauce, bocconcini, basil, mozzarella **V**

PEPPERONI 12.0

Pepperoni, napoli sauce, mozzarella

HAM & PINEAPPLE 12.0

Double smoked ham, pineapple, nap sauce, mozzarella

ADD YOUR PROTEIN

150gm Grilled chicken breast **GF** 7.0

170gm Southern fried chicken 7.0

Pan fried prawns (6 Prawns) **GF** 7.0

150gm Crispy marinated beef 6.0

125gm Fried tofu **VE/GF** 7.0

125gm Fried Squid **GF** 5.0

DIETARY LEGEND

GF — GLUTEN FREE

DF — DAIRY FREE

V — VEGETARIAN

VE — VEGAN

@MOSAIC.HOTEL  